



ILS PRESS

Bi-Monthly Newsletter of Immanuel Lutheran School
A ministry of Immanuel Lutheran Church–Palatine, IL



PRINCIPAL'S CORNER

As we dive into 2025, we are gearing up for an exciting celebration of National Lutheran Schools Week (NLSW) from January 27 – February 2! This week is a special time to celebrate the incredible impact of Lutheran education, and we are proud to be part of that rich tradition. Our school, founded in 1870, has been shaping hearts and minds for over 150 years. The legacy of ILS stretches far and wide, with outstanding alumni making a difference across the globe. This year, we are thrilled to have twenty-two second-generation and three third-generation students attending, a powerful reminder of the deep roots of our school community. We are also excited to kick off re-enrollment season during NLSW! We can't wait to continue partnering with you as we work together to make this year even better. Your commitment to our school and students is truly appreciated, and we look forward to another amazing year ahead! Don't miss the opportunity to join us at our Academic Fair on January 29 from 6:00 – 7:30pm, where we will celebrate the hard work and achievements of our students. Plus, we're inviting you to the Fellowship Hall for a sneak peek into our school's future! We'll be sharing the details of our initial SWOT analysis and the exciting strategic planning process that is shaping our next chapter. The whole evening is a family-friendly event, so bring your friends and neighbors!

Continued on Page 2

January & February 2025

VERSE OF THE YEAR

"I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

Philippians 3:14

CONNECT WITH US



@ilspalatine



ilcpschool.org
847-359-1936

200 N. Plum Grove Rd.
Palatine, IL 60067

We also have some wonderful events lined up for February! On February 2, our students will sing in worship at 10:30 a.m to celebrate NLSW, and on February 27, our K-2 students will take the stage for their Music Showcase, performing patriotic music that will warm your heart. Praise God for His continued blessings as we keep moving ONWARD in faith and community!

Dr. Tanya Calendo, Principal
TCalendo@ilcp.org



LEARN MORE ABOUT OUR SCHOOL

Visit ilcpschool.org or call 847-359-1936.

Share the benefits of Christian education.

Refer your friends, neighbors--anyone!
Interested families should visit our website or give us a call to schedule a tour or shadow day.



UPCOMING EVENTS

- January 20** ~ NO SCHOOL – Martin Luther King Jr. Day
- January 21** ~ NO SCHOOL – Teacher In-Service
- January 26 - February 2** ~ National Lutheran Schools Week
- January 27** ~ Grades 3-8 Spelling Bees
- January 28** ~ Grades 6-8 Geography Bee
- January 29** ~ Grades K-8 V.I.P. Morning & K-8 Academic Fair
- January 30** ~ Grades 3-8 Bible Bees
- February 2** ~ Grades K-8 Sing (10:30 am Worship at ILC)
- February 14** ~ K-5 Valentine's Day Parties, 11:00am Dismissal
- February 17** ~ NO SCHOOL – Presidents' Day
- February 27** ~ Grades K-2 Music Showcase (6:00 – 7:00 pm)
- March 7** ~ 11:00am Dismissal

Scan or click here to view our church and school calendars



LEARN MORE ABOUT OUR CHURCH

Visit immanuelpalatine.org or call 847-359-1936.

JOIN US FOR WORSHIP

Saturdays @ 5:00pm - Blended Worship
Sundays @ 8:00am - Traditional Worship
Sundays @ 10:30am - Contemporary Worship

*Adult Bible Study offered at 9:30am on Sundays
*Sunday Morning Experience (S.M.E.) for children offered during 10:30am worship



IMMANUEL
LUTHERAN
PALATINE



EARN TUITION CREDIT BY PURCHASING GIFT CARDS WITH RAISERIGHT

Please send an email to Liz Mraz at mrsmrz007@gmail.com, and an invitation will be sent to you to set up your family's online RaiseRight account. If you are already enrolled in the program, please plan to submit your orders on the second Monday of every month by 9:00am (with the exception of Mondays when there is no school--then the order will need to be submitted by Tuesday at 9:00am). Thank you for supporting our school!

Sign up for Immanuel's account using the Enrollment Code: 1B79AF93557LL



All are invited to the table for a free community meal!

To-go meals are also available.

Thursday, January 23, from 5:00-6:15pm

Saturday, February 8, from 2:00-4:00pm

Immanuel Lutheran Church and School
200 N. Plum Grove Rd.

No pre-registration required!
To learn more and to view menus,
visit thecommunitymeal.org.

ENROLLMENT OPENS JANUARY 27

Enrollment for the 2025-2026 school year opens on Monday, January 27. Families should watch for an email with more information and instructions on January 21. Be sure to attend our Open House on January 29 for a chance to win a free registration! If you have any questions or if you are looking for enrollment information, please contact the school office at 847-359-1936.

CHAPEL OFFERINGS

Chapel Offering for the second trimester goes to Phil's Friends. Each year, almost 2 million Americans are diagnosed with cancer. Many of these people find themselves in hopeless situations in hospital rooms and homes across the country. Phil's Friends provides Christ-centered practical, emotional, and spiritual support and hope through the distribution of their hand-assembled care packages to those affected by cancer, and consistent ongoing encouragement through their programs and prayer. You can learn more at philsfriends.org.



STUDENT COUNCIL BAKE SALE

Thank you to everyone who supported Student Council through the bake sales following Advent services! Thanks to their efforts and your generosity, they raised over \$600 to support Second City Canine Rescue. Student Council plans to host another fundraiser in February, so stay tuned!

I55 BOOK FAIR

The Book Fair is coming to Immanuel during National Lutheran Schools Week! The fair will be open for shopping during select hours Tuesday through Friday, during the Open House and V.I.P. Day, and following both church services on Sunday, February 2. ILS is partnering with I55, a company that focuses on promoting Christian values through literature with a mission to raise a generation of inspired readers by providing carefully selected, age-appropriate books, often with a Biblical theme. The I55 name comes from Isaiah 55 in the Bible.



CHESS CLASSES BEGIN FEB. 6

Chess classes will be offered through Chess Scholars on Thursday afternoons for students in Grades K-8. Classes run from 2:10-3:10pm beginning February 6 through March 20. Both beginner and experienced players are welcome and will learn under the guidance of an experienced Chess Scholars coach. With any questions, please contact Tanya Roth at troth@ilcp.org.



Scan or Click
HERE

DANCE CLASSES BEGIN FEB. 4

Join the Immanuel Dance Ensemble! Classes begin on February 4. Dance classes are open to girls and boys in Grades K-8. There are three different age groups that practice once a week after school. The season ends with a recital in May. No experience is required! Please contact Maggie Walsh with any questions at mwalsh@ilcp.org.



Scan or Click
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VALENTINE'S DAY PARTIES

Class Valentine's Day parties for Grades K-5 will be held on the morning of February 14. Students in Grades K-8 will be dismissed at 11:00am.



MITTEN TREE

A big THANK YOU to everyone who helped decorate our mitten tree this year! We were able to provide several bags of gloves and mittens to Virginia Lake School through the Kids Hope program. Many hats, gloves, and scarves were also provided to clients of Immanuel's Good Samaritan Ministry. Thank you for your generosity and helping those in need this winter!

OPEN HOUSE and Academic Fair

January 29 | 6:00pm-7:30pm



For students in Early Childhood through Grade 8 and their families



- View student projects and displays and hear what's new at Immanuel ●
- Meet our teachers and other families ●
- See our learning spaces and facilities ●

ilcpschool.org/events



URGENT NEED: HEAD COACH FOR TRACK AND FIELD FOR 2025 SEASON

Immanuel athletics needs a volunteer to coach the Boys and Girls Track & Field teams. There are a few parents who have shown interest in assisting, but we need someone who will be able to commit to overseeing practices, compiling heat schedules for meets and attending meets. No experience is necessary. If you have the desire, time and ability to help, please contact Joel Moritz at Jmoritz@ilcp.org at your earliest convenience. Thank you for your consideration.

P.E. TIPS: HOW TO BEST AVOID THE WINTER BLUES AND FLU'S

The past week in physical education, we have taken time looking into developing healthy habits and behaviors. We discussed the research focused upon “Winter Blues,” anxiety, and depression, which increase exponentially for many people between January through early April. There are ways to reduce the chance of feeling the effects of “Winter Blues.” The top 5 ways (shown to help) are:

5. Limit Screen Time/social media to 45 minutes or less per day.
4. Eat/add more fruits and vegetables high in Vitamin D, Iron & Fiber (Fresh and Frozen)
3. Stay Hydrated – Limiting/reducing drinks high in caffeine and sugar (corn syrup)
2. Exercise – Walking is the safest and best, but dress warmly
1. Get outside sun exposure of 1 hour per day – This is the most effective way to absorb Vitamin D (known as the “feel good” vitamin).

The other negative element of this time of year is increases in cases of influenza (“the flu”). Understanding how this virus survives and travels from host to host is most helpful in explaining the greatest techniques to avoid contracting the flu.

Wash hands often – Most flu viruses (especially the norovirus) are not affected/ killed/removed by hand sanitizers. Warm water, soap and rubbing friction over all the hand surface for a minimum of 30 seconds will remove almost all viruses.

Keep hands away from the face – The flu viruses travel fastest/most effectively through touch and watery areas, i.e., eyes, nose and mouth. Use tissues, handkerchiefs or other (preferably sanitized) material to scratch or wipe. This barrier will hinder viruses from adhering to the face, closing the distance of travel to vulnerable areas for access to your body.

Increase daily ventilation in the house/rooms with fresh outside air. We tend to stay indoors most of the time because of the warmth and pleasant humidity levels. This is the same for the flu viruses, especially airborne strains. Opening several windows with the HVAC system running for 5-10 minutes will bring in fresh air, circulate out contaminated air and (the most uncomfortable part) bring down the temperature enough to be lethal to the flu viruses. The opportune times to ventilate is mornings or evenings. Keep a look out for humid areas of the house (with highest condensation) as well. Such places in the house severely need adequate ventilation.

If you adhere to these practices, you will be more able to maintain positive emotional and mental health as well as to avoid severe physical symptoms from most all debilitating illnesses, such as the flu.

Have a healthy remaining Winter and BOBCAT UP!!”

NATIONAL LUTHERAN SCHOOLS WEEK 2025

AT IMMANUEL LUTHERAN SCHOOL



JAN
27

MONDAY

Dress up: We love our teams! Dress in one of your favorite team jerseys, shirts, sweaters, etc.

Spelling bees* will be held in the sanctuary at 8:00am (Grades 6-8) and 9:30am (Grades 3-5).

TUESDAY

Dress up: We love God's beautiful world! Dress for a vacation spot, wear a t-shirt or sweatshirt from a city or place that you have visited or wear something special from the country of your family's ancestry.

The geography bee* for middle school students will be held in the sanctuary at 8:00am. Later, PTL presents The Juggler with the Yellow Shoes assembly at 1:00pm in the gym. Stop by and check out the I55 book fair! The book fair will be open after school from 2:00-3:00pm and all K-8 classes will visit for a preview during the school day.



JAN
28

WEDNESDAY

Continued on page 2



JAN
29

Dress up: We love to dress our best!

It's K-8 V.I.P. Day! V.I.P.s are invited to join Dr. Calendo for fellowship and a warm cup of coffee, cocoa, or tea from 7:30-8:00am in the Fellowship Hall. Chapel will be held at 8:00am in the sanctuary. V.I.P.s will have the opportunity to travel our campus with their students and visit the academic fair and book fair. Students are encouraged to leave with their V.I.P.s at 11:00am, but are also welcome to stay at school until the end of the school day.

The book fair will be open from 8:45-11:30 (during V.I.P. Day) and from 6:00-8:00pm (during the Open House and Academic Fair).

**JAN
29**

WEDNESDAY

Continued

The Open House and Academic Fair for Early Childhood through Grade 8 will be held in the evening from 6:00-7:30pm. All are welcome! Invite your friends and neighbors to see what Immanuel students have been learning this year. State of the School sessions will be held in Fellowship Hall throughout the evening. Enter to win a free registration for 2025-2026!

THURSDAY

Dress up: We love to have a class choice! Each class will choose their own dress-up theme.

Bible bees will be held in the sanctuary at 8:00am (Grades 6-8) and 9:30am (Grades 3-5). In the afternoon, K-8 classes will be paired up to work on a service project. The book fair will be open after school from 2:00-3:00pm. Kindergarten and Grade 3 students will visit during the day.

**JAN
30**

**JAN
31**

FRIDAY

Dress up: We love ILS and showing our school spirit! Wear your bobcat gear and/or Immanuel colors.

The Fun Friday assembly will be held at 1:00pm, featuring the Bobcat Banner Parade and other fun activities!

SUNDAY

Dress up: We love to press onward! Please wear your Press Onward shirt.

All K-8 students will sing during 10:30am worship. Stop by the book fair one last time following 8:00am worship from 9:00-10:15am and following 10:30am worship from 11:30am-12:30pm.

**FEB
2**

BOOK FAIR

LOCATED IN ROOM 102 (ACROSS FROM THE LIBRARY)

TUESDAY, 1/28

- 2:00pm-3:00pm
- All K-8 classes will visit the book fair during the school day

WEDNESDAY, 1/29

- 8:45am-11:30am (during VIP Day)
- 6:00pm-7:30pm (during Open House)

THURSDAY, 1/30

- 10:00am-12:00pm
- 2:00pm-3:00pm
- Kindergarten and Grade 3 will visit the book fair during the school day

FRIDAY, 1/31

- 2:00pm-3:00pm
- Grades 1-2 and 4-8 will visit the book fair during the school day

SUNDAY, 2/2 -

- Following 8:00am worship (9:00am-10:15am)
- Following 10:30am worship (11:30-12:30)





MIDDLE SCHOOL BOWLING PARTY DECEMBER 20, 2024





CLASS CHRISTMAS PARTIES AND MOVIE DAYS DECEMBER 2024

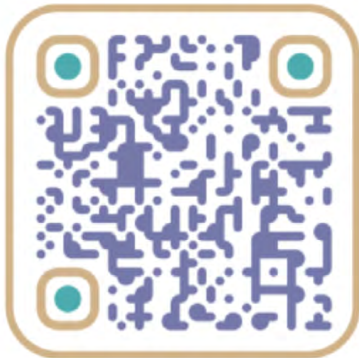


WINTER TALES FOR TOTS

Thursdays from 10-11am
January 16 | January 23

FOR CHILDREN AGE 5 AND UNDER
AND THEIR GROWN-UP COMPANIONS

Join us for a winter-themed interactive storytelling session featuring enchanting tales that captivate little ones and their grown-up companions. We'll spark joy and inspiration with stories, music, games, and play for the hour together. Every tot will get a free book to take home on their first visit!



SPACE IS LIMITED FOR THESE
FREE EVENTS—RSVP BY THE
WEDNESDAY BEFORE EACH
SESSION USING THE QR CODE
OR BY VISITING
ILCPSCHOOL.ORG/EVENTS.



**IMMANUEL
LUTHERAN
SCHOOL**
PALATINE

FEBRUARY TALES FOR TOTS

Thursdays from 10-11am

FOR CHILDREN AGE 5 AND UNDER
AND THEIR GROWN-UP COMPANIONS

Join us for interactive storytelling sessions featuring enchanting tales that captivate little ones and their grown-up companions. We'll spark joy and inspiration with stories, music, games, and play for the hour together. Every tot will get a free book to take home on their first visit!



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ILCPSCHOOL.ORG/EVENTS.



FEBRUARY 6

Valentine's Day theme
with Tot Talks at 9:15am

FEBRUARY 13

Valentine's Day theme

FEBRUARY 20

Transportation theme

FEBRUARY 27

Transportation theme

TOT TALKS

Thursday, February 6, from 9:15-10:00am

ENHANCE YOUR PARENTING SKILLS
AND CONNECT WITH OTHER FAMILIES

FEBRUARY TOPIC: LOVE AND LOGIC

Led by Dr. Tanya Calendo, Immanuel Principal and
Parenting the Love and Logic Way Independent Facilitator.

Grown-ups and tots start out together in Fellowship Hall for discussion geared towards little ones. Coffee and refreshments will be provided. Please bring a snack for you and your tot(s)! Then, tots age three and up will join Mrs. Reuter for activities, while grown-ups and children age two and under stay with Dr. Calendo for a parenting topic to inspire and empower parents and caregivers. Our sessions will focus on practical strategies and techniques that nurture your child's development, foster healthy communication, and build strong, compassionate relationships within your family. At 10:00am, grown-ups meet their tots in Mrs. Reuter's room. We invite you to stay from 10:00-11:00am for Valentine's Day-themed Tales for Tots!

Parents of Early Childhood students are invited to attend
Tot Talks following drop-off!

SPACE IS LIMITED FOR THIS FREE EVENT. RSVP BY WEDNESDAY,
FEBRUARY 5, USING THE QR CODE OR BY VISITING
ILCPSCHOOL.ORG/EVENTS.



IMMANUEL
LUTHERAN
SCHOOL
PALATINE



Holly Droz
School Office Coordinator
hdroz@ilcp.org

ABSENCE REPORTS

If your student will be absent due to illness or any other unforeseen circumstance, please notify the school office by calling 847-359-1936 before 7:30am. If you know in advance that your student will be absent (i.e. vacation), we encourage you to notify the office in advance by calling or emailing your student's teacher AND hdroz@ilcp.org. The office will contact the parent/guardian of a student who is absent via phone if the office is not notified in advance or prior to 7:30am to ensure student safety and well-being.

K-8 SCHOOL HOURS, DROP-OFF, PICKUP AND BUS

K-8 school hours: 7:40am-2:10pm
Student drop-off: 7:15am-7:30am
Office hours: 7:00am-3:00pm
Office Phone: 847-359-1936

School starts promptly at 7:40am, and students should be in their seats at that time. Middle School and bus riders will enter at the main entrance (Door 1), and K-5 will enter by the gym (Door 12).

DROP-OFF AND PICKUP REMINDERS

DO

- **Be on time (or early!).** Students should arrive between 7:15-7:30am and be picked up at 2:10pm.
- Pull completely forward to the front of the car line before directing your students to exit the vehicle.
- **STAY IN YOUR VEHICLE** until directed to move forward and are dismissed. Once you are dismissed, you may exit onto Bothwell, turning right, as the street is one way between Wood and Colfax.
- **Pay attention** to school buses in the parking lot. It is unsafe and illegal to drive around a bus when the stop signs are extended.

ATTENDANCE MATTERS

Missing a day of school here and there may not seem like much, but absences add up!

When a student misses 2 days a month...	When a student misses 4 days a month...
They will miss 20 DAYS a year.	They will miss 40 DAYS a year.
They will miss 30 HOURS of math over the school year.	They will miss 60 HOURS of math over the school year.
They will miss 60 HOURS of reading and writing over the school year.	They will miss 120 HOURS of reading and writing over the school year.
They will miss over 1 YEAR of school by graduation.	They will miss over 2 YEARS of school by graduation.

Find a collection of helpful links and resources at ilcpschool.org/portal

